

# Preparing for your week at the Summit

Please read this booklet very carefully,  
and be sure to return the enclosed forms as soon as possible.

This handbook will answer many of your questions concerning program offerings, class pre-registration, travel arrangements, and on-site registration on the opening day of the Summit. It also outlines what you will need to bring to the Summit and the services offered by the Silver Bay Association.

Enclosed are transportation and adult class enrollment forms, as well as registration materials for the Teen, Youth, and Preschool programs. Each person taking adult classes must complete a separate Adult Class Enrollment Form. All applicable forms must be completed and returned by **Friday, May 2**.


Instructions for completing these forms will be given on the following pages.

Class enrollment can only be completed by mail, and **CLASSES ARE FILLED ON A FIRST COME, FIRST SERVED BASIS**. Please make your choices early since enrollment is limited in some classes. Your confirmed class schedule will be included in the registration packet which you will receive on the opening day of the Summit.

Additionally, Summit T-shirts can be pre-ordered this year. If you wish to purchase shirts for yourself and/or your family, please complete the enclosed T-shirt order form. Return the form and payment (checks can be made payable to **NWF-Summits**) with your registration forms. T-shirts will be available for pick up at registration on the opening day of the Summit. A *limited* number of shirts will be sold in the Summit store, but we highly recommend that you order your shirt(s) in advance to guarantee that you will receive one.

If questions arise as you prepare for the Summit, please call us at (703)790-4265 or toll-free at 1-800-245-5484.

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 = classes of interest to educators. These classes also fulfill the requirements for Teacher's Symposium participants

\* = field trips which require additional fees

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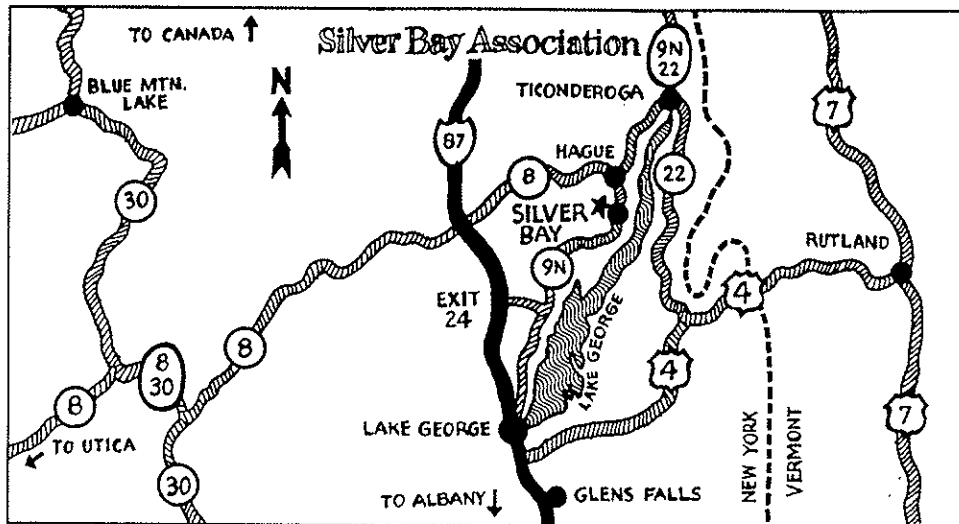
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# General Information



## ARRIVAL AT THE SUMMIT

### SUMMIT LOCATION:

Silver Bay is 90 minutes from Albany, NY, on the western shore of Lake George. Mailing address: c/o NWF Conservation Summit, Silver Bay Association, Silver Bay, NY 12874-9108, Telephone: (518) 543-8833, Fax: (518) 543-6733.

### TRAVEL

**By Air:** The closest airport is in Albany, NY, which is 90 minutes from Silver Bay. Shuttle buses will be available from the airport to Silver Bay on July 5 and from Silver Bay to the airport on July 11 by advance reservation. Please use the enclosed Transportation Reservation Form to reserve space on a bus. Shuttles will depart from the airport at 1:00 and 3:00 pm on Saturday, July 5, and will depart from Silver Bay at 7:00 and 8:00 am on Friday, July 11. Summit volunteers wearing orange scarves will meet arriving participants at the baggage claim area to facilitate transfer to the shuttles. The fee for round trip shuttle service is \$30.00. Please enclose a check, payable to NWF-Summits, with your reservation form by May 2.

**By Train or Bus:** Amtrak stops in Ticonderoga (20 minutes from Silver Bay) year-round. Please call 1-800-USA-RAIL for more information. The Silver Bay Association will pick up participants arriving by train. Please notify the Silver Bay Association if you will be arriving by train. Bus service to Silver Bay is provided by Adirondack Trailways during the summer. For more information, call 1-800-225-6815. Greyhound Bus Lines stops in Glens Falls, about 20 miles from Silver Bay (Adirondack Trailways provides service from Glens Falls to Silver Bay). For more information on Greyhound Bus Lines, call (518) 793-5052.

**By Car:** Take the Adirondack Northway (87) to Exit 24. Drive east five miles to the road's end at Route 9N. Turn left and drive north approximately 13 miles to Silver Bay. Look for Silver Bay Association signs on the right two miles past Sabbath Day Point.

## **ARRIVAL and DEPARTURE:**

Plan to arrive at the Silver Bay Association on Saturday, July 5<sup>th</sup> between 2:30 p.m. and 5:00 p.m. Rooms will not be available until after 3:00 p.m. Departure is on Friday, July 11<sup>th</sup> following breakfast. The Silver Bay Association requests that participants vacate their rooms by 10:00 a.m.

## **REGISTRATION:**

**NWF Summit Registration** begins at 2:30 p.m. on Saturday, July 5<sup>th</sup> on the Front Porch of the Inn. At registration, you will pick up your registration packet containing Summit scarves, name tags, and class schedules for each member of your party. Teens and children will also check in for their respective programs at registration. Pre-ordered T-shirts will be available for pick up in the at this time. Late arrivals (after 5:30 p.m.) should register at the Front Desk in the lobby of the Inn.

**Housing Registration** begins at 3:00 p.m. in the lobby of the Inn. Payment to the Silver Bay Association for accommodations and meals is made at this time and can be paid with cash, personal check, traveler's check, or money order. **Credit cards will not be accepted.**

## **Summit Office:**

Located in the lobby of the Inn, the Summit Office is staffed by volunteers and contains extra handbooks, scarves, name tags, maps and just about anything else you might need during the week. Any schedule changes including adding or dropping classes will be handled in the Summit Office. The Office is open from 8:00 a.m to 5:00 p.m. beginning Sunday July 6<sup>th</sup>.

## **Summit Store:**

A small selection of NWF items, natural history books, and wildlife photographs will be available at the Summit store. The Store will be located next to the Summit Office in the Inn, and will be open daily starting July 6<sup>th</sup> from 8:00 a.m.-5:00 p.m.

## **Pets:**

Pets are not permitted on the Silver Bay Association grounds or in any of the lodge or meeting room facilities.

# SUMMIT PROGRAM

## Daily Schedule\*:

8:30 a.m. - 3:30 p.m.*	Adult and Teen Programs
8:15 a.m. - 3:30 p.m.	Youth and Explorer Programs
8:30 a.m. - 12 noon	Preschool Program
3:30 p.m. - 5:30 p.m.	Free time and special afternoon programs
7:00 p.m. - 9:00 p.m.	Evening programs

\* Some adult field trips may begin prior to 8:30 a.m. or return after 3:30 p.m. Child care will be available to accommodate children before and after their scheduled program times.

## Meals:

<b>Meal Times:</b>	Breakfast: 6:30 a.m. - 8:30 a.m.
	Lunch: 11:30 a.m. - 1:30 p.m.
	Dinner: 5:00 p.m. - 7:00 p.m.

## Summit PARTNERS Program

As part of our 1997 Conservation Summits, we are continuing a program that matches first-time Summit participants and families with experienced Summiteers (mentors) who have attended two or more Summits in the past. If you have signed up with the Summit Partners program, the name of your partner is included with this handbook mailing. First-time participants may contact their mentors as needed while preparing for the Summit. The response to the Summit Partners program has been overwhelming, and with so many veteran Summit participants, we have not had enough first-time participants for all of the interested and willing mentors. We thank you all for your interest in the program and if you have not been assigned a partner, we will keep your information in a contact person file for future Summits.

On July 6<sup>th</sup> from 7:15 to 8:00 a.m., there will be a Summit Partners breakfast in the dining hall. Please wear your special Summit Partners name tags (which will be included in your opening day registration packet) to the breakfast, as this will help you find your Summit Partner. Look for the signs and marked tables in the dining hall directing you to the Summit Partners area. If you wish to meet your Partner before the breakfast on July 6<sup>th</sup>, an *optional* gathering is planned on July 5<sup>th</sup> after the opening programs, at 9:15 pm in the lobby of the Inn. This will be a good chance for first-time participants to discuss class schedules and other questions about the coming week that may have come up during the New Summiteer Orientation with your Mentor. Participants are welcome to arrange to meet their partners at another time if necessary.

## Action Guide and Earth Pledge

An Action Guide and Summit Earth pledge extend the educational experience of the Summit week. The Action Guide is a resource booklet that will provide Summit participants with a list of possible "actions" you could take in your home, community, or workplace. Examples of NWF programs which assist people in taking action for the environment are also contained in this booklet. Each participant will receive an Action Guide on site. The Earth Pledge is a personal commitment to take action or start a new project on behalf of the environment. Adapted from the Earth Pledge concept in NWF's successful NatureLink® program, the Summit Earth Pledge combines personal initiative and interest in the environment with a tangible or concrete goal. Participants in the Summit Partners program may wish to develop an Earth Pledge with their partner.

# What to Bring

Summer weather in the Adirondacks is slightly to moderately humid with little rain. Temperatures range from 70-80 degrees, occasionally reaching 90 during the day. Lows at night range from 50-60 degrees. If you are planning to go on an all-day nature hike or field trip, bring a day pack, lip protection, and a water bottle. Please see individual course descriptions for details. Warm clothing is recommended for hikes in the High Peaks (elevation ~4,000-5,000 ft.).

## Informal Sports Clothes: \*

- \* sweater and turtleneck
- \* swimsuit
- \* gloves (for High Peaks hike)
- \* a warm jacket
- \* pants and shorts
- \* T-shirts
- \* wind breaker
- \* winter hat (for High Peaks hike)
- \* sturdy hiking boots (for hiking trips)
- \* rain gear
- \* extra shoes (to get sandy and wet)
- \* comfortable walking shoes

\* see individual class descriptions for more details.

## Field Trip and Class Equipment:

- \* alarm clock
- \* water bottle
- \* sunglasses
- \* camera
- \* sunscreen
- \* field guides
- \* day pack
- \* lip protection
- \* pens and pencils
- \* camera batteries
- \* notebooks
- \* film
- \* flashlight
- \* binoculars\*\*

\*\* NIKON® will be offering a binocular loaner-service for participants. See page 60 for details.

# Silver Bay Association Services

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**Health Services:** A full-time registered nurse staffs an office on the grounds. Silver Bay staff are on call at all times. For an emergency on Silver Bay Grounds, call the Front Desk at x277. Staff will be paged to respond. Emergency services (fire, ambulance) are available in Silver Bay. A hospital is located in Ticonderoga, 15 miles to the north, and a larger hospital is located in Glens Falls, 45 minutes to the south.

**Linens:** Towels, bed-linens, and blankets are furnished with all accommodations. Linens will be changed every other day. A laundromat is also available on the grounds for your personal laundry needs.

**Store:** The Silver Bay gift shop in the Inn carries toiletries, snacks, souvenirs, books and magazines, and other sundries. A gift shop, ice cream parlor and pizza restaurant are also located on site.

**Recreation:** Lake George offers a variety of recreational activities. Beaches are staffed by lifeguards, and the lake is clean, so bring your swimsuit! Canoes, rowboats and sailboats are available at no extra charge. The Silver Bay Association also has four clay and two hard tennis courts, volleyball and basketball courts, an aerobics studio and weight room, a low ropes course and a two-story climbing wall. An archery field is located on the north end of the campus, and qualified Silver Bay instructors offer lessons throughout the week. Evening tournaments may also be held during the week. The Roger Squire Craft Shop, located above the Administration Building, offers opportunities for a variety of art and craft projects such as ceramics, copper enameling, stained glass, jewelry making, leather craft, weaving, pottery, basketry and children's crafts. The Silver Bay Library, located in the See Memorial Building, offers a wide selection of books and magazines for adults and children. Comfortable chairs, writing desks and reading rooms provide a comfortable retreat for Summit participants.

**Telephones:** Telephones are not available in lodge rooms. Pay telephones are located in the lobby of the Inn. You can be contacted during the Summit through the main number (518) 543-8833.

# University Credit Program

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The University Credit Program has been developed especially for teachers and others who want to earn advanced credits while attending the Summit. Undergraduate and continuing education credits are offered through Adirondack Community College. Graduate credits are offered through the State University of New York (SUNY) at Cortland. *It is the responsibility of each registrant to consult with his/her university or college to determine if these credits are transferable.*

## ADIRONDACK COMMUNITY COLLEGE

Participants will receive one undergraduate credit in BIO 200-Natural History of the Adirondacks.

### Course Requirements:

1. Register for a minimum of 15 lecture-hours of classes (2 hours of a field trip equals 1 lecture hour). Class lengths are provided in the Table of Contents. These 15 lecture-hours must be chosen from the list below:
  - \* Bird Watching Field Trips
  - \* Early Morning Bird Walks
  - \* Birding for Beginners
  - \* The Working Northern Forest
  - \* Black Bears of the Adirondacks
  - \* Keepers of the Water
  - \* The Wonders of Wetlands
  - \* Geology of the Adirondacks
  - \* Any of the Teacher's Symposium classes
2. Submit a typed paper, five pages in length, to Dr. Bill Gehring summarizing the significant points made in the workshops, and how they changed, or reaffirmed, your view of nature. Those participating in any of the Teacher's Symposium workshops may address how the information gained will assist in teaching students about natural history and conservation.
3. Complete the Adirondack Community College registration form at opening day registration on July 5<sup>th</sup>.

**Tuition:** \$73 for New York State residents, \$146 for non-residents

**Registration:** Forms must be completed at registration on opening day of the Summit. Full tuition payment (cash or a personal check payable to Adirondack Community College) must accompany the registration forms.

### Questions:

Please call or write:  
Dr. Bill Gehring  
Adirondack Community College  
Bay Road  
Queensbury, NY 12804  
(518) 743-2236  
E-mail: [gehring@acc.sunyacc.edu](mailto:gehring@acc.sunyacc.edu)

# State University of New York (SUNY) at Cortland

Participants will receive 1 or 2 graduate credits in Interdisciplinary Environmental Studies.

## Course Requirements:

1. Attend a minimum of 20 contact hours of instruction at the Conservation Summit (one contact hour is equivalent to one hour of classroom instruction or two hours of field trip instruction). Please have your instructors initial your class schedule at the end of each class or field trip taken and submit the original copy of your signed schedule.

Twelve of the 20 contact hours must be chosen from the list below:

- \* Black Bear of the Adirondacks
- \* Birdwatching Field Trips or Walks
- \* Birding for Beginners
- \* Geology of the Adirondacks
- \* The Wonders of Wetlands
- \* Any classes in the Teacher's Symposium
- \* Backyard Biodiversity
- \* The Working Northern Forest
- \* Greener Landscapes
- \* Keepers of the Water
- \* Wilderness Literature

2. Submit a paper about your Conservation Summit experience, discussing what you have learned and how you will use the information in your classroom or community. The paper is due by August 15, 1997 and should be 5 typed pages in length for one (1) graduate credit or 10 typed pages in length for two (2) graduate credits. Please mail the paper to:

Dr. Thomas Pasquarello  
Chair, Political Science  
SUNY-Cortland  
P.O. Box 2000  
Cortland, NY 13045

3. Complete the Conservation Summit Program Evaluation Form and return it to the Conservation Summit Office.

**Tuition:** \$213.00 per credit hour

**Registration:** Forms must be completed at the Summit opening day registration on July 5th. Full tuition payment (personal check made payable to: SUNY-Cortland) must accompany the registration form.

**Questions:** Please write Dr. Pasquarello at the above address or contact him at 607.753.5772

# Choosing Your Summit Schedule

Descriptions of adult classes appear on the following pages. Along with this handbook, you will find a separate "Summit Class Enrollment Form" for each member of your party taking adult classes. Read through the course descriptions and master class schedule and select the classes you wish to take. Then **complete and return the forms to the Conservation Summit office** of the National Wildlife Federation so that we may schedule your classes. **Each adult** must complete and return a separate Class Enrollment Form, but completing the Master Class Schedule is optional. A reply envelope is enclosed for your use.


Classes are generally 1½ hours in length and usually begin at 8:30 a.m., 10:30 a.m., and 1:30 p.m. Some classes are 3 hours long, and field trips may be longer, lasting a half or a whole day. The length of each class is provided on your Class Enrollment Form.

If you have any special scheduling needs, please indicate them clearly on your Class Enrollment Form. We will do our best to honor these requests.

Classes are filled in the order in which we receive enrollment forms.

**Enrollment must be completed by mail. Please return your form(s) by FRIDAY, MAY 2<sup>nd</sup>.** The sooner we receive your form(s), the greater your chances are of receiving your selected classes.

## Instructions For Completing Class Enrollment Forms:

1. Read the class descriptions and select the classes you wish to take. Add up your class hours. Total class hours may not be greater than **40 hours** (a full Summit schedule). **NOTE:** Educators participating in the Teacher's Symposium must sign up for a minimum of 20 hours of Educator Classes (marked with a )
2. Fill in the information blanks on the "Class Enrollment Form." Leave a space between last and first names. Your occupation and age are optional but helpful to us in understanding the background of Summit participants. A separate form must be completely filled out for each member of your party taking adult classes. If you want to be enrolled in classes with a classmate, please see the directions on the next page.
3. Using the blanks on the left hand column of the form, number the classes that you would like to take in **order of priority**, beginning with #1 as your highest priority. **NOTE:** Some classes have limited capacities and priority rankings will determine participants in such classes (e.g. a popular class may be available only to those who requested it as their #1, #2, or #3 priority. In unusual circumstances, participants for a very popular class with limited enrollment will be selected by a lottery system).
4. Optional: If you want your classes scheduled on specific days and times, you can circle your choices on the enclosed **MASTER CLASS SCHEDULE**. Be sure to prioritize your classes as well, so we can substitute an alternate class if a scheduling conflict arises. We will do our best to accommodate your requests.
5. Please complete and sign the "Informed Consent for Voluntary Participation Form" attached to the Class Enrollment Form.
6. Mail the completed forms to us by **Friday, May 2** using the enclosed return envelope.

## **Buddies (Classmates):**

If you would like to be enrolled in classes with someone else, please follow these procedures:

1. Fill in his/her name on the buddy line of the Class Enrollment Form.
2. Put an "X" in the buddy box next to each class that you would like to take together.
3. Each adult must complete a "Class Enrollment Form" and circle preferred classes and times on the enclosed **MASTER CLASS SCHEDULE**.
4. You may request only one classmate for a buddy. Requests to be scheduled with third or fourth parties, or other pairs, will not be honored unless you have identical requests.
5. Please mail your Class Enrollment Form to us in the same envelope as your buddy's.

We appreciate your cooperation, and every effort will be made to schedule you with your classmate.