

Annie Tiberio Cameron
PO Box 581
Montpelier, VT 05601

National Wildlife Federation Conservation Summits®



Adirondacks Program

1998 Program Handbook



Conservation Summits®



Adirondacks Program July 4-10, 1998

Conducted by

National Wildlife Federation
8925 Leesburg Pike
Vienna, VA 22184-0001

Mark Van Putten
President and CEO, National Wildlife Federation

Stewart Hudson
Vice President, Educational Outreach

Jim Lyon
Senior Director, Outdoor and Community Based Education

Susan Weil
Director, Outdoor Education

CONSERVATION SUMMITS STAFF:

Courtney Fortier, Assistant Coordinator **Tobie Hendricks**, Summit Intern

In Collaboration with the

NORTHEAST NATURAL RESOURCE CENTER STAFF:

Monty Fischer
Vice-President Northeast Region

Eric Palola
Director, Resource Economist/Regional Organizer

Kari Dolan, Vermont Water Resource Project, Project Manager/Regional Organizer

Donald Hooper, Regional Organizer

Alan Calfee, Smart Wood Coordinator

Jean Hunt, Smart Wood Program Associate

Jodi Applegate, Teaming with Wildlife Project Coordinator

Mark Lorenzo, Northern Forest Project Manager

Liz Soper, Educational Outreach Coordinator

Erin Lloyd, Staff Assistant



NATIONAL WILDLIFE FEDERATION®

People and Nature: Our Future is in the Balance

Office of the President

May 1, 1998

Dear Summiteers:

I am very pleased to extend my welcome and thank you for joining the Adirondacks Summit! As Wendell Berry observed, "You cannot love an entire planet – you can only love the special places that you have experienced." Our Conservation Summits provide a unique opportunity for you and your family to experience many of the special places in the Adirondacks.

The National Wildlife Federation's true strength is and always has been the shared values of our members and supporters who are committed to making a place for wildlife in our modern world. We share a passion for natural places and a quest for knowledge about our natural world. Most of all, we are active participants in nature.

Our mission at the National Wildlife Federation is to educate and inspire individuals of diverse cultures to conserve wildlife and other natural resources and to protect the Earth's environment in order to achieve a peaceful, equitable and sustainable future. To fulfill this mission, NWF focuses programs on: the conservation of wildlife; the protection of the nation's wetlands; promotion of sound land stewardship policies; water quality protection; and the promotion of sustainable communities. The 1998 Adirondacks Conservation Summit provides a place-based introduction to these five core program areas.

Enjoy birdwatching, hiking, canoeing, wildlife cruises, field trips to areas of natural splendor and a variety of courses ranging from astronomy to gardening. Connections to the core areas which are central to NWF's work will be woven into the presentations of the wildlife and wild places you explore. A wealth of knowledge, ideas for getting involved in your environmental community, old and new friendships, and memories that last a lifetime await you.

I thank you for your support of the National Wildlife Federation and hope you enjoy your personal discovery of the Adirondacks. You share our understanding that the commitment to conservation is tied in with a commitment to human relationships, to the people with whom we share special places and to those people we love.

Sincerely,

Mark Van Putten
President and CEO



NATIONAL WILDLIFE FEDERATION®

People and Nature: Our Future is in the Balance

Northeast Natural Resource Center

The National Wildlife Federation's Northeast Natural Resource Center (NNRC) in Montpelier, Vermont, would like to welcome you to the Adirondack Park, the largest public park in the contiguous United States, nearly three times the size of Yellowstone National Park. It contains over six million acres of abounding natural resources, 42% of which is publicly owned and protected as "forever wild" by the State of New York.

The NNRC works with individuals and organizations throughout the northeast to protect our forest, water and wildlife resources. The NNRC combines NWF's longstanding mission to uphold America's conservation tradition with timely research, education, and advocacy for the next generation of common-sense environmental protection and wildlife conservation. The NNRC focuses its efforts on three main project areas including the Northern Forest, Water Resources and Education

The NNRC's Northern Forest Project has several components including our Forest Certification Project, a collaborative effort with the Rainforest Alliance's "SmartWood" program. Forest or "green" certification programs are recognized as a significant market-based tool for linking timber harvesting, manufacturing, and consumer purchases to sustainable forest management practices. We also provide strategic support and leadership to the Northern Forest Alliance and conduct research and advocacy regarding the economic and environmental impacts of raw log exports from the Northern Forest, the economic benefits from land stewardship, the effects of worker safety rules on endangered wildlife habitat, and ecologically sustainable rural development strategies.

Our Water Resources Project focuses on working with grassroot organizations to utilize tools from the Clean Water Act to help restore and protect their local watersheds. We also focus on the benefits of water quality protection to water-dependent businesses with consideration to rural development and "ecotourism" goals. We participate in the clean-up of Lake Champlain, reducing mercury contamination in northeast waters, addressing the plight of amphibians and the impacts of polluted runoff on costal waters.

The NNRC will be available throughout the Summit to answer your questions and provide you with resources to help you explore this incredible area. For more information on the NNRC, or NWF Affiliate organizations in the Northeast, please contact the NNRC at 58 State Street, Montpelier, VT 05602; (802)229-0650. We hope you enjoy your experience in the northeast and encourage you to contact us for more information.

Sincerely,

Eric Palola
Center Director

Table of Contents

- ⇒ Indicates classes of special interest for educators; however, these classes are open to all interested participants
- * Indicates field trip requiring an additional fee

I. General Information

Arrival at the Summit	1
Opening Day Schedule	3
Daily Summit Program	4
What to Bring	5
Silver Bay Association Services	6
⇒ University Credit Program	7

II. Adult Programs (Class length)

* Adirondack Museum Field Trip (9 hrs.)	9
⇒ Animal Tracks Sampler (3 hrs.)	10
Basic and Intermediate Fishing (2 hrs.)	11
⇒ Birding for Beginners (3 hr. lecture/field trip and 1½ hr. lecture)	11
⇒ Birds and Wetland Wonders (3 ½ hrs.)	12
⇒ Birdwatching Walks and Field Trips (1 hr walk and 3 ½ hr. field trip)	12
⇒ Black Bears of the Adirondacks (1 ½ hr lecture and 3 hr. field course)	13
Butterflies for Beginners (2 hrs.)	14
Butterfly Walk (3½ hrs.)	14
Campus Ecology (1½ hrs.)	15
Canoeing on Lake George (3 hrs.)	15
Crazy Critters (1½ hrs.)	16
Earth Action Workshop (3½ hrs.)	16

Ecology of Vegetarianism (1½ hrs.)	17
Enjoying Wildflowers (3 hrs.)	17
☞ Environmental Activist Workshop (3 hrs.)	18
Environmental Literature Discussion (1½ hrs.)	18
Environmental Politics (1½ hrs.)	19
Environmental Web Resources (1½ hr. lecture)	19
Far and Near: Nature Photography (1½ hr. and 3 hrs.)	20
Fly Casting (2 hrs.)	20
☞ Follow the Tracks to Action (1½ hrs.)	21
☞ Geology of the Adirondacks (1½ hr. lecture and 3½ hr. field trip)	21
Hiking and Outdoor Safety (1½ hrs.)	22
☞ Hiking with Children (3 hr. field trip)	22
Interpretive Nature Hikes and Walks (various lengths)	23
* Kayaking on South Lake Champlain (3½ hrs.)	26
* Lake Champlain Cruise and Fort Ticonderoga Field Trip (4½ hrs.)	26
Let's Go to the Movies! (3 hrs.)	27
☞ Mammal Tracking in the Northeast (3½ hr. lecture and field trip)	27
Mentoring as Activism (3 hrs.)	28
Natural Landscaping and Gardening with Wildlife (2½ hrs.)	28
☞ Nature's Web™: Caring for the Land (1½ hrs.)	29
☞ Nature Writing (1½hrs.)	29
Nature Writing Workshop (3 hrs.)	30
☞ Ndakinna Wilderness Project Field Trip (3½ hrs.)	30
Orienteering (3½ hrs.)	31
Advanced Orienteering (3½ hrs.)	31
The Pollinator Garden (2 hrs.)	32
* Sailing Classes on Lake George (2 hrs.)	32

Stalking: A Native American Approach (1½ hrs.)	32
Storytelling and the Natural World (3 hrs.)	33
Teaming with Wildlife (1½ hrs.)	33
Trouble-shooting/Nature Photography (1½ hr. lecture and 3 hr. field trip)	34
Underwater Nature of Lake George (1½ hrs.)	35
Useful Plants (3½ hrs.)	35
☞ Water Quality and Pollution (1½ hr. indoor and outdoor class)	36
We Can't Grow on Like This...(1½ hrs.)	36
Wildflowers for Your Garden (1 ½ hrs.)	36
Wildlife and Nature Drawing (2 hrs.)	37
Wildlife and Nature Drawing Field Work (3½ hrs.)	37
☞ Wildlife and Water Quality (3 hrs.)	37
The Wonders of Wetlands (3 hr. lecture and field trip)	38
☞ The Working Northern Forest (1½ hr. lecture and 3 hr. field trip)	39
☞ Writing Nature News (1½. hr lecture and 1½ hr. workshop)	39

III. Youth/Teen Programs:

Child Care Services	40
Your Big Backyard Preschool Program.	41
Ranger Rick® Naturalist/Explorer Program	42
Teen Adventure Program.	44
Leadership Training Program	45

IV Special Events:

☞ Afternoon and Evening Programs	46
☞ About the National Wildlife Federation	55

**The National Wildlife Federation®
Acknowledges
the Following Supporters of the 1998
Conservation Summit Program**

HONDA

Honda® of North America, Inc. generously provided the funding for the 1998 Summit scarves. These scarves, a long-time Summit tradition, are given to all Summit participants to denote the number of Summits each person has attended (see chart on page 4). Summit staff wear bright orange scarves so they can be easily identified.

Nikon®
BINOCULARS • SCOPES
CLEARLY SUPERIOR

Nikon®, Inc. is the official sports optics provider of the 1998 Conservation Summits. Through Nikon's loaner-service, Summit participants will be able to borrow Nikon binoculars for field trips, hikes, and other outdoor classes (as noted in the class descriptions). There will be no charge for this service, but participants will need to leave a credit card or driver's license to check out binoculars. Nikon binoculars will also be available for purchase.