

Youth and Teen Programs

Child Care Services

NWF will provide child care service at the Summit. Child care for infants and young children (up to 3 years old) will be available from 7:00 a.m.- 5:00 p.m. For 3 and 4-year-olds, child care is available from 1:00 - 5:00 p.m. following the preschool program. Additionally, child care is available for youths (5-12 years old) prior to the Youth Program from 7:00-8:30 a.m., and following the youth program from 3:30-5:00 p.m.

Upon reaching the Summit and receiving your class schedule in your registration packet, please sign up for specific child care hours at the child care registration table on the Front Porch of the Inn. At that time, please indicate the days and times you will need child care for the week. Should your schedule change or additional child care hours be necessary, daily registration will also be available from 7:45 - 8:30 a.m. and 11:45 a.m. - 1:15 p.m. in the Dining Hall. **Please note: Parents must register for daily child care at least 24 hours in advance.**

Child care at the Summit is available only for parents who are attending field trips, classes, or other NWF Summit activities during the day and require supervision for their children.

Fees

Child Care fees are **\$5.00 per hour per child**. You can register for this service on opening day or daily in the dining hall. Payment may be made by personal check, cash, traveler's check or credit card, to be paid at the Summit Office. All payments must be made by Thursday, July 9th.

Supplies

Please bring any supplies (diapers, bottles, snacks, favorite toys) that your child will need during the time that she/he is at child care.

Director: Rue Gordon has experience babysitting and especially enjoys her granddaughter, Desire. Rue is the editor for the National Wildlife Federation's *Conservation Directory*, an annual publication listing governmental organizations and agencies engaged in conservation education activities at state, national, and international levels. In her spare time, Rue also works as a volunteer assisting teachers with young children both in and outside the classroom.

Staff: Each staff member has many years of experience working with young children in a variety of educational settings. The child care staff includes: **Geraldine Jones, Michelle Wallentiny, Tina Egan, and Sheila Hunter.**

Special Notes For Child Care

- ★ If you will need child care for your infant or child during lunch (12 noon to 1:00 p.m.), please sign up for this service at opening day registration or at the daily registration table in the Dining Hall. Lunch care will only be provided when parents are registered for an all-day field trip.
- ★ To arrange care for your child following his/her preschool or youth program, please indicate this need on the enclosed preschool and youth program enrollment forms for each child, and remember to sign up for these specific child care hours at opening day registration as well.

Your Big Backyard Preschool Program

This half-day program will help preschoolers explore and develop an appreciation for the natural world. The activities, based on NWF's *Your Big Backyard* magazine, will include micro-hikes, touch and feel expeditions, fun-with-nature crafts, songs, and dramatic play. Preschoolers will delight in the variety of nature oriented activities and the opportunity to create with nature as their guide.

The program will offer children ages 3 - 4 a chance to discover nature through hands-on activities. Some topics the children might explore are baby animals and their homes, insects, trees, flowers, mammals, birds, and the five senses.

Schedule: The Preschool Program will meet each day from 8:15 a.m. to 12:00 noon. Participants should check in at Registration on opening day.

Director: Marilyn Hartness teaches 4-year-olds three days a week at St. Stephen's Methodist Preschool in Charlotte, NC. She has presented her ideas for teaching art to preschool teachers at numerous conferences and workshops. She holds a Master's degree in Fine Arts and is currently a part-time instructor in the Art Department of Wingate University, Wingate, NC. She received the North Carolina Governor's Award in 1997 for working with children during her 16 years of volunteer work with the Boy Scouts of America. Her hobbies include camping, riding, and nature activities.

Staff: Lori Jo Gardner has worked for years with youth of varying ages and has a Bachelor's degree in Physical Education. She has been an outdoor leader with both day and overnight camps. She currently splits her time working as a fitness instructor for ages 2 to 60, youth leader for grades 5 through 7, and Sunday School Teacher for preschool, first, and second grade. She enjoys participating in her hobbies of hiking, camping, and winter sports from her home in Littleton, NH.

Ranger Rick® Naturalist and Explorer Programs

Through hands-on discovery, youth will take home an enhanced awareness and better understanding of our natural world. Field trips will travel to many of the diverse areas of the Adirondacks. Many activities and hikes will take place on the Silver Bay Campus as well.

Schedule: Parents should register their children on the opening day of the Summit at the Registration table. Teachers will meet with parents and children on Saturday, July 4th, from 6:15 p.m.-7:00 p.m., to greet the children and announce the group assignments.

The groups will gather at 8:15 a.m. each morning to begin the day's adventures. Activities will run from 8:15 a.m. to 12 noon, and 1:30-3:30 p.m. The children in the Youth Program will eat lunch with their parents unless the children are on an all-day field trip with the Youth Program.

Parents who are on Summit field trips which extend through the lunch period or beyond 3:30 p.m., can arrange to have their children supervised during that time at a cost of \$5.00 per hour per child. Please notify the Director of the Child Care Program if you will need this service. Children must be signed up for child care no later than the morning that you will be on the field trip.

Additionally, a few optional activities may be offered that require the rental of equipment or admission fees, in which case small fees of \$5 to \$10 may be charged.

What to Bring: Each day your child should bring a pack with jacket, rain gear, extra socks, sunscreen/hat, insect repellent, and water bottle or canteen. Please permanently label all items, including clothing, with your child's name. Also, bring some clothing that you do not mind your child getting wet or dirty!

Ranger Rick® Naturalist Program

Children ages 5 through 8 will experience exciting new adventures in a program designed especially for them. Each day will present new opportunities as they hike forest trails, explore mountain ponds and streams, and learn about the Adirondack Mountains. Field trips to local attractions and educational centers will focus on the rich natural and cultural history of the Adirondacks. The youth and teen programs will be involved in the *Earth Action Today* events on Thursday, July 9th. The morning will be devoted to learning how to take action in our communities as we work on two projects in the area.

What to Bring: Two pairs of old tennis shoes.

Explorer Program

Children ages 9 through 12, will investigate the Adirondacks through interactive games, canoeing, and hikes which will highlight the natural history of the region. Field trips and hikes will introduce the kids to many of the natural wonders of the Adirondacks. A wide variety of topics such as pottery, orienteering, Wetland Wonders, and Mammal Tracking will fill the days. Ages 11 and 12 will have an optional indoor sleep-over in the gym.

What to Bring: Sturdy tennis shoes or well broken-in, lightweight hiking boots are recommended for the trails. For ages 11 and 12, a sleeping bag and foam sleeping mat for the optional indoor sleep-over.

Co-directors: **Kathy Bales** has many years of experience working in the field of therapeutic recreation with the elderly. She has also spent much time working with preschool and after-school programs. She was chairperson of the local Fresh Air Fund, which brings inner city children to an extended summer vacation with their families. She co-lead a summer nature day camp through Audubon and served as a Girl Scout troop and day camp leader. Her leisure activities reflect her love of the outdoors and include camping, hiking, canoeing, skiing.

Sally Sherrard has her degree in Early Childhood and works at a local nursery school in Littleton, NH. She has taught and directed this school for eighteen years. Her focus has been on nature crafts, recycling, and teaching children to respect and understand the environment in which we live. She and her twelve year old son enjoy performing magic of which we hope to see at the Summit. This will be her fourth Summit with NWF.

Staff: The instructors for the Youth Program have been selected for their dedication and love for children as well as for their special interests in outdoor education and nature study. All of the instructors are experienced teachers and naturalists. The staff for the Youth Program this year includes: **Lori Jo Gardner, Kate Larney, Eileen Rossetti, Leslie and Pete Sherrard, and Kevin Wisner.**

Teen Adventure Program

The Teen Adventure program is designed just for teens ages 13 and 14. They will investigate unique surroundings through action-packed hikes, field trips, orienteering, rock climbing, and special presentations. Teen Adventurers will learn and practice orienteering techniques, discover the mysteries of wetland ecology during a field trip to a bog, canoe on Lake George, hike to Jabe's Pond, and spend a day rock climbing.

Schedule: The Teen Adventure Program meets from 8:15 a.m. to 3:30 p.m. each day, and participants are expected to attend all of the daytime sessions unless specific arrangements are made with the instructors in advance. Any extension of daytime activities will be outlined with a schedule handout provided at the Summit. Lunches will be in the cafeteria unless the group is on an all-day field trip, in which case box lunches will be provided. There is an optional overnight camping trip planned; additionally, a few optional activities may be offered that require the rental of equipment, in which case small fees of \$5 to \$10 may be charged. Evenings will provide opportunities for soccer, sunset watching, frisbee, and hacky sack.

What to Bring: Come prepared for weather which can change quickly from hot and sunny to rainy and cool. Each day you should bring a day pack with water bottle, snack, rain gear, sunscreen, and sunglasses.

The following items are suggested for the week:

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| <input type="checkbox"/> long pants | <input type="checkbox"/> sneakers | <input type="checkbox"/> windbreaker or jacket |
| <input type="checkbox"/> shorts | <input type="checkbox"/> long-sleeved shirt | <input type="checkbox"/> 4 prs. hiking socks (2 thin/2 thick) |
| <input type="checkbox"/> day pack | <input type="checkbox"/> water bottle | <input type="checkbox"/> notebook and pencil |
| <input type="checkbox"/> sunglasses | <input type="checkbox"/> insect repellent | <input type="checkbox"/> hiking footwear (well broken-in) |
| <input type="checkbox"/> sunscreen | <input type="checkbox"/> lip protection | <input type="checkbox"/> sweater or sweatshirt |
| <input type="checkbox"/> t-shirts | <input type="checkbox"/> swimsuit | <input type="checkbox"/> rain gear (jacket and hat) |
| <input type="checkbox"/> high energy snacks | <input type="checkbox"/> toiletries | |

Optional items include:

- camera
- binoculars
- sleeping bag or bed roll for the optional overnight

Leadership Training Program

For Teenagers 15-17, exploring the Adirondacks, learning about the mountain, forest, and lake environments, and developing your outdoor skills are just some of the activities you will enjoy during this program. Hiking, canoeing, orienteering, and nature study classes, as well as an optional overnight will provide an exciting combination of adventure and educational experiences. You'll have a week to challenge both your mental and physical abilities as you learn about the ecology of this unique natural area.

This program will prepare you to be effective outdoor leaders. Classes throughout the week will develop team building and leadership skills through hands-on activities and classes. Teens in the Leadership Training Program will have the opportunity to work with the staff to mentor younger participants during the Earth Action Today events on Thursday morning.

Schedule: The Leadership Training Program (ages 15-17) meets from **8:30 a.m. to 3:00 p.m.** each day, and participants are expected to attend all of the daytime sessions unless specific arrangements are made with the instructors in advance. Any extension of daytime activities will be outlined with a schedule handout provided at the Summit. Lunches will be in the cafeteria unless the group is on an all-day field trip, in which case box lunches will be provided. There is an optional overnight camping trip planned. Additionally, a few optional activities may be offered that require the rental of equipment, in which case small fees of \$5 to \$10 may be charged. Evenings will provide opportunities for soccer, sunset watching, frisbee, and hacky sack.

What to Bring: Come prepared for weather which can change quickly from hot and sunny to rainy and cool. Each day you should bring a day pack with water bottle, snack, rain gear, sunscreen, and sunglasses. For complete packing list refer to the Teen Adventure list on the previous page.

Teen Program Director: Matthew Ferguson has participated in nine Summits as Youth and Teen faculty. He has also been a counselor with NWF's Ranger Rick® Camps. Presently he is a fifth grade teacher in Deerfield, New Hampshire. His class enjoys his adventurous spirit as they participate in activities such as, hiking, canoeing, camping, and bicycling.

Teen Adventure and Leadership Training Staff: The teen staff is eager, experienced, and ready for fun. They all enjoy working with teens, exploring new environments, and sharing their knowledge of the outdoors with others. They are Karen Tolmich, Michael Tolmich, and Eric Filo.